



## Announcements for Monday, March 20

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### **Senior Class Photo**

Seniors! We will be taking the Class of '23 aerial shot next week Tuesday, March 21st, during 3rd. Rain or shine, the photo will be taken. Check your emails for more information.

### **Educators Rising**

Educators Rising's next meeting is on March 23rd in Mrs. Joseph's room (258). We will be playing games centered around teaching strategies. If you have any questions, contact Ana Wilson or Melissa Heck. Hope to see you there!

### **Amnesty**

Amnesty International will have their next meeting today. Our focus will be on rescheduling Jamnesty. The meeting will take place in Mr. McHugh's room immediately after school. All students are welcome to attend.

### **Puzzle Club**

Puzzle club is having a fundraiser on Tuesday the 21st and Thursday the 23rd during lunch and before and after school. Come buy \$1 candies for yourself, friends, or family and support the puzzle club.

### **HOSA**

It's National Nutrition month and HOSA future health professionals want to wish you a Happy Mineral Monday. Iron is essential for making hemoglobin, which carries oxygen throughout the body. Here are some foods that are high in iron; meat, eggs, beans, and leafy green vegetables. Also, don't forget to Join HOSA on Thursday during B Lunch in Ms. Wurdemann's (rm 187) room for a nutritious snack and see what HOSA is all about.

### **Athletics**

The 2023 USA Lacrosse HS Girls Lacrosse tournament will be held in Raleigh North Carolina on May 27th and 28th. Last year was the first year Wisconsin sent a team to

the national tournament since COVID and we are once again going to send our best this year to represent Wisconsin!

To represent Wisconsin at the national tournament, players must be in grades 9 through 11 in Wisconsin, attend the tryouts, and have a valid USA Lacrosse membership valid through June 1, 2023

Tryouts will be held on Sunday, April 16th at Wauwatosa East High School from 10:00 AM to 2 PM, with a rain date set for Saturday, April 22nd.

For more information and sign-up links, please see the article posted on the [tosaeastathletics.com](http://tosaeastathletics.com) website.

## **Student Services**

Class jewelry orders for the Class of 2025 will be delivered on Wednesday, April 5th during lunch in the cafeteria. Remember to bring any remaining balance due to pick up your order.

## **Tosa East Baseball**

Tryouts begin Monday, March 20th at Breitlow Field. Freshmen start at 4:00 and everyone else from 5:00-7:00. Tuesday, March 21st sophomores to seniors begin at 4:00 and freshmen begin at 5:30.

## **Track**

The boys and girls track teams had an outstanding day at the Nelson/Daniel Classic at UW-Whitewater last Saturday.

The girls placed 3rd in the 21 team meet. Leading the way with medalist honors on the girls side of the meet were: Freshman Katie Rea, Juniors Lily Knaack and Neenah Hughes, Seniors Nadia Phillips, Kate Tarrence, Hope Stangel, and Chiara White. Congratulations to the 4x400m and 4x800m teams which include Stephanie Anderson, Amelia Beutler, Lily Knaack, Nadia Phillips, Katie Rea, and Elise Gardiner..

The boys team placed 7th in the 21 team meet. For the boys team: Sophomore Malachi Mack, Junior Josiah Cross, Seniors Sam Ortner and Josh Steiner.

The 4x400m team of Liam Nolan, Keenan Taylor, Sam Ortner, and Noah Kizewski placed 4th.

Next up is the Brown Deer track meet on Wednesday 3/22, all track athletes please check your emails for the entry Google form. Entries must be received by the end of school today. We will start practice in the Raider room today after you get dressed.

See coach Gardiner in room 242 if you have any questions.

## **Forensics**

Congratulations to the Tosa East Forensics team for earning a 2nd place team trophy at this weekend's Sheboygan North virtual tournament. Next up, State!