



## **CESA #1 WSPEI Family–Educator Newsletter: 11/10/2015**

This newsletter contains event and conference information available during the summer months and also many save the dates for fall offerings. Past newsletters can be found at: <http://www.cesa1.k12.wi.us/programs/newsletter.cfm>. If you learn of events or information that you would like to share with others, please contact Cheri Sylla, WSPEI Family Engagement Coordinator, at [csylla@cesa1.k12.wi.us](mailto:csylla@cesa1.k12.wi.us) or 262-787-9500 ext. 9565.

### **Communication Options for Families**

#### **Options Available if You Have Questions or Disagree with a Decision of the School**

Families and schools have a "built-in" partnership with the child as the focus. This partnership will grow when families and school staff work together. Disagreements may happen, but working together improves your child's education. The **Communication Options for Families** document will help parents determine who they can talk to when questions and disagreements arise. The document is found on the CESA #1 SPED Parent Education Network webpage at: <http://www.cesa1.k12.wi.us/programs/parent-education-network.cfm>

### **Find a District Family Engagement Liaison**

Many school districts in the CESA #1 area have local parents trained to be a resource for families in their school District, they are referred to as District Family Engagement Liaisons (DFELs). A DEFL is a parent in your school district who has a child with a disability and has received training in the area of IEP's, Transition from high school to the adult world, and Communication. A current list of CESA 1 area District Family Engagement Liaisons can be found at: <http://www.cesa1.k12.wi.us/programs/parent-education-network.cfm>

## **WORKSHOPS, TRAININGS, WEBINARS & MEETINGS**

### **CESA #1 Parent Education Network – WSPEI Events Flyer:**

<https://drive.google.com/a/cesa1.k12.wi.us/file/d/0B4iUm96uKlrCdlNBekhwVHhiTTQ/view>

### ***IEP Process & Product Training***

The IEP Process & Product training will give participants basic knowledge and information of Individualized Education Programs. Participants will learn about the referral process, timelines, evaluation, and determination of disability and services. That's the process part. The second part of this presentation will give participants a good understanding of how an IEP is developed and what is written into it. Participants will learn how to navigate the special education maze and receive parent-friendly resources. This will be a more in-depth look at the IEP process product. Many resources and websites will be shared that will help parents be more effective advocates for their child.

**REGISTRATION:** <http://www.cesa1.k12.wi.us/programs/wkshp011/>

**WHEN:** November 19<sup>th</sup>, 2015; 9am-2pm

**WHERE:** CESA #1, N25W23131 Paul Road, Suite 100, Pewaukee, WI 53072

**COST:** FREE. Pre-Registration is required.

### ***Early Literacy Series: Supporting Language and Early Literacy: At Home and in Early Childhood and Community Settings***

This series of three professional development sessions is designed to promote evidence-based universal and foundational practices that support the six standards-based content areas of early literacy. The target audience for training includes families, teachers and providers serving and supporting all children in the birth through 5 age range.

**REGISTRATION:** <http://www.cesa1.k12.wi.us/programs/earlyliteracyseries/>

**WHEN:** December 4<sup>th</sup>, 2015 & January 29<sup>th</sup>, 2016; 9am-3pm

**WHERE:** CESA #1, N25W23131 Paul Road, Suite 100, Pewaukee, WI 53072

**COST:** FREE. Pre-Registration is required.

### ***Transition Professional Development Series***

This series is geared towards educators however parents and family members are welcome.

Each session will begin with good things happening around transition in the participants' environments and end with a call to action/homework. Time will be provided for participants to share what worked/what didn't with the strategies and resources given for homework. There will also be time for participants to share relevant resources, strategies, and materials around the topic of the evening. December 7<sup>th</sup> - College Options; January 25<sup>th</sup> – 18-21 Year Old Programs; March 14 – Range of Adult Service Options; and April 11<sup>th</sup> – Financial and Legal Planning.

#### **REGISTRATION:**

[http://witig.org/wstidata/eventagendas/2015-2016%20Transition%20PD%20Series%20Flyer%201%20\(3\)\\_1441044734.pdf](http://witig.org/wstidata/eventagendas/2015-2016%20Transition%20PD%20Series%20Flyer%201%20(3)_1441044734.pdf)

**WHEN:** December 7<sup>th</sup>, 2015; January 25<sup>th</sup>, 2016; March 14<sup>th</sup>, 2016; and April 11<sup>th</sup>, 2016; 5:00pm-8:30pm

**WHERE:** CESA #1, N25W23131 Paul Road, Suite 100, Pewaukee, WI 53072

**COST:** \$20/Session which includes materials and dinner. Pre-Registration is required.

### ***Nuts & Bolts of IEPs***

Families need to understand their child's Individual Educational Program (IEP), the vehicle by which their son or daughter is entitled to services and supports through their school district. They need to understand how the IEP is structured, what rights and responsibilities all parties have, and what they can do to work proactively and positively in partnership with school staff. It is also important to know where a parent can turn or what they can do if they disagree with the school and need to resolve an issue or concern.

**REGISTRATION:** <http://www.cesa1.k12.wi.us/programs/nutsandboltsofieps/>

**WHEN:** January 20<sup>th</sup>, 2016; 9am-12pm or 5:00pm-8:00pm

**WHERE:** CESA #1, N25W23131 Paul Road, Suite 100, Pewaukee, WI 53072

**COST:** FREE. Registration is required.

### ***Nonviolent Crisis Intervention and Prevention: Training for Parents and Caregivers***

Are you looking for skills and support to improve the behavior and communication with your child? Would you like to share strategies and language in common with your child's school? Throughout this training, participants will: 1) Understand the philosophy of care, welfare, safety and security; the cornerstone of nonviolent crisis intervention (NCI) 2) Review some of the concepts and strategies taught in NCI that could aid in the continuity of a child's support and care, 3) Learn about the realities involved in the use of physical restraints. Audience: Parents and Caregivers interested in concepts and strategies of NCI.

**REGISTRATION:** <http://conta.cc/1K96GDY>

**WHEN:** January 29<sup>th</sup>, 2016; 8:30am-3:30pm

**WHERE:** CESA #1, N25W23131 Paul Road, Suite 100, Pewaukee, WI 53072

**COST:** \$109.00 per person. (Includes Sharing Strategies handbook, continental breakfast and lunch)

#### **WI FACETS**

[www.wifacets.org](http://www.wifacets.org)

### ***FREE telephone workshops***

**Registration** is required for all workshops. Contact Sandra McFarland: 877-374-0511 or [smcfarland@wifacets.org](mailto:smcfarland@wifacets.org).

Requests for any special accommodations must be made at least two weeks before the event. WI FACETS-sponsored workshops are free.

#### **FREE Telephone Workshops**

11/17/15 Getting and Keeping Your First Job; 12-1 pm

11/18/15 Universal Design for Learning (UDL); 12-1 pm

11/19/15 Serving on Groups that Make Decisions (Sections 7 & 8); 12-1 pm

12/02/15 Intellectual Disability Eligibility Criteria; 12-1 pm

12/04/15 Programa de Educación Individualizado (IEP) Parte I; 12-1 pm

12/09/15 Wisconsin Special Education Mediation System (WSEMS): Mediation, 12-1 pm

12/11/15 Programa de Educación Individualizado (IEP) Parte II; 12-1 pm

12/16/15 Taking the “Mis” Out of Misunderstood Kids; 12-1 pm

### **Adaptive Sports & Recreation Survey – Calling All Families & Individuals with Disabilities!!!**

The Department of Physical Medicine and Rehabilitation at The Medical College of Wisconsin is developing a service to support participation in adaptive sports and recreation among individuals with a disability. Please consider taking a short survey to give feedback about adaptive sports and recreation.

If you have a disability and are >18 year old, follow this link:

<https://www.surveymonkey.com/s/PMRadult>

If you are the parent of a child with a disability 3-17 years old, follow this link:

<https://www.surveymonkey.com/s/PMRchild>

### **PROMISE Wisconsin**

[www.promisewi.com](http://www.promisewi.com)

The PROMISE initiative is intended to improve services for youth SSI recipients and their families. The services help youth recipients achieve better outcomes, including graduating from high school ready for college and a career, completing postsecondary education and job training, and obtaining competitive employment in an integrated setting. As a result, these youth SSI recipients can achieve long-term reductions in reliance on SSI.

Enrollment is now open. UW-Stout has begun mailing eligible youth and families letters notifying them of grant eligibility and enrollment information. If you have questions about PROMISE or have families that need assistance completing enrollment materials, contact PROMISE Intake Attendant, Erin Johnson at [1-855-480-5618](tel:1-855-480-5618) toll-free or [promise-grant@cesa12.org](mailto:promise-grant@cesa12.org). General information and materials schools can share can be found at [www.promisewi.com](http://www.promisewi.com).

### **Parents United Consortium**

[www.parentsunitedwi.org](http://www.parentsunitedwi.org)

**WHERE:** Country Springs Hotel & Conference Center; 2810 Golf Road, Pewaukee, WI 53072, unless otherwise stated.

**REGISTRATION:** Contact Edie Scott at [ediescott1950@zoho.com](mailto:ediescott1950@zoho.com) or 262-965-2001

#### **DECEMBER 1, 2015 6:00 – 8:30 PM**

Sexuality and Children with Special Needs; Kimberly Young, PhD, Family Options Counseling, LLC

#### **DECEMBER 9, 2015 9:00 AM – 12:30 PM**

The New Look: Old Ways of Looking at Autism vs New Ways of Looking at Autism; Michael John Carley, Autism Executive, Consultant, Author

**WHERE:** Richard T. Anderson Education Center, WCTC

#### **MAY 3, 2016 6:00 – 8:30 PM**

Building and Maintaining Peer Relationships; Sue Schramka, Psy.D., Cornerstone Counseling Services

#### **FEB 10, 2016 9:00 – 11:30 AM**

What Behaviors Can be Expected; Robert Peyton, PhD, BCBA-D, Madison Behavioral Psychology

#### **MARCH 9, 2016 9:00 – 11:30 AM**

ADHD Interventions for Home and School; Patric Mattek, PhD, Performance Enhancement Center

#### **APRIL 13, 2016 9:00 AM – 12:30 PM**

Mental Health Troubled Waters: Navigating Child and Adolescent Mental Health; Brian Fidlin, Psy.D., Milwaukee Psychiatric Physicians Chartered

**WHERE:** Richard T. Anderson Education Center, WCTC

#### **MAY 11, 2016 9:00 – 11:30 AM**

Understanding the Impact of Trauma in Children and Adolescents; Sara Daniel, MSW, LCSW, Director of Clinical Services of Saint A's Milwaukee

### ***Making Seasons Bright: Adoption & the Holidays - Foster & Adoptive Families***

This upcoming training opportunity is for foster and adoptive parents. It will be offered via webinar or in person at the Coalition for Children, Youth & Families in Milwaukee.

**When:** Wednesday, December 8<sup>th</sup>, 2015, 6-8pm

**Where:** Coalition For Children, Youth & Families, Milwaukee, WI

**Register:** <http://ccyfholidaysadoption2015.eventbrite.com>.

**Information/Questions:** [info@coalitionforcyf.org](mailto:info@coalitionforcyf.org) or call [\(414\) 475-1246](tel:4144751246)

### ***CESA #1 Early Childhood Newsletter***

Please click [HERE](#) for the OCTOBER 2015 Early Childhood Newsletter.

### ***Impact of Trauma Informed Care and Adverse Childhood Experiences on Early Brain & Literacy Development***

The morning with Dr. Navsaria is an opportunity to: 1) Assist educators, families, caregivers and other social service providers in fostering a greater understanding of trauma informed care and child traumatic stress, 2) Help providers understand the effects that trauma can have on child development, behaviors, and functioning, as well as recognize, prevent and cope with compassion fatigue. Dr. Navsaria will also discuss the importance of early literacy, explore key concepts about literacy development and provide an overview of the Reach Out and Read Program.

In the afternoon, Sara Daniel of SaintA, will discuss trauma sensitive schools and the application in the school setting as well as integrating the knowledge about trauma and ACE into policies, procedures, and practices in schools

**When:** Tuesday, November 17<sup>th</sup>, 2015, 9am-3pm

**Where:** Country Springs Hotel, 2810 Golf Road, Pewaukee, WI 53072

**Cost:** \$35/person

**Register:** Online: <http://goo.gl/gGwrJJ>; Email: [ksidlowski@cesa1.k12.wi.us](mailto:ksidlowski@cesa1.k12.wi.us), Phone: 262-787-9500 x9532

**Autism Society of Southeastern Wisconsin**

Phone: 414-988-1260; Email: [info@assew.org](mailto:info@assew.org); [www.assew.org](http://www.assew.org)

### ***Teen Hang Out Night***

**When:** Friday, November 13, 2015 from 6-8 p.m.

**Where:** Concordia Campus

**Cost:** Free.

**Register:** <http://events.r20.constantcontact.com/register/event?oeidk=a07eboprizq295e0409&llr=etct7zcab>

Come hang out with Concordia University students in the Field House and adjacent rooms on the Concordia Campus. Enjoy activities in the field house, board games, and snacks. Teens (ages 13-19) will be paired with a 1:1 college student. College students will be supervised by Concordia Staff in OT, PT, and education departments, and will be given a brief orientation session. Our goal for the evening is to provide a friendly, relaxed, social setting for teens to interact with each other and with typical college students.

### ***Transition for Raising Autism Independence and Living Skills (T.R.A.I.L.S.) – Registration is now OPEN!!***

This program is designed for parents or primary caregivers of a child age 14-21 diagnosed with Autism or other developmental disabilities. Five-session series.

**When:** January 14, February 11, March 10, April 14, May 12; 6:30 - 8:30 p.m.

**Where:** Wildwood Lodge, N14 W24121 Tower Place, Pewaukee, WI 53072

**Cost:** ASSEW Members: \$10 per person for each session. NonMembers: \$15 per person for each session

#### **Spectrum of Support Series**

**Holiday Inn –Airport, 1400 West Zellman Ct. Milwaukee, WI 53221**

**November 14, 2015 from 9:30-11:30 a.m.**

#### ***Multiple Perspectives Of Sensory***

This session offers an interactive opportunity to learn about sensory processing differences. You will hear the perspective of an adult with sensory processing disorder and also a parent perspective. Insights, strategies and tools will be provided to help you learn how to work with and inspire people with sensory difference challenges.

**December 12, 2015; 9:30-11:30 a.m.**

#### ***Bullying Prevention & Behavior***

The topic of bullying prevention and behavior is a do not miss for anyone in education! All children, regardless of ability, deserve to learn in a safe and nurturing environment where positive relationships are cultivated. Kids have a right to feel cared for and protected in school. Tactics and strategies to help children with disabilities and/or autism learn to respond to this barrier to learning and success will be discussed.

**Parents Place**  
[www.ppacinc.org](http://www.ppacinc.org)

**Registration:** Call 262-549-5575 to register. Prices for some classes may apply.  
Free pre-registered childcare is available while attending most classes.

***Kids Managing Anger (Parent and child class)***

Parents learn to deal with their children's anger and frustrations while children learn the tools to curb their anger as well. Parents will meet with a facilitator while the children are in their sessions.

**WHEN:** Mondays, Nov 30-Dec 21 from 5:30-7:00 pm.

***Parent/Teens Relations: Understanding Your Teen's Anger (Parent and teen class)***

This two-part class is for Parents and Teens. The first class will meet with the parents to help them understand their teen's anger, development and strategies to cope with their seemingly ever changing moods. The teens will meet separately. The second class will be parents and teens together to explore the essence of anger and anger management strategies. Discover how anger manifests itself in our bodies and techniques to control it.

**WHEN:** Mondays, January 18 & 25 from 5:30-7:00pm

***Creating a Culture of Respect***

Kids who are oppositional are often severely anxious. This series for parents and kids will cover issues ranging from sibling rivalry, setting limits, dealing with anger, and anxiety. Learn valuable skills to help you and your children reach their full potential.

**WHEN:** Thursdays, November 12 & 19 and December 3 & 10 from 5:30-7:00pm

***Parenting Well Through Depression***

A free, on-going program for parents and children. Explore successful parenting techniques and resources for parents coping with depression. Youth classes and free childcare available.

**WHEN:** Every 2nd & 4th Thursday of the month from 5:30-7:00 pm

***Parenting Children Facing Multiple Challenges***

Most children present some challenges some with labels some without, anxiety, anger, oppositional defiant, autism, ADHD, obsessive compulsive, highly sensitive, inattentive, defiant and more. For each of these challenges are parenting patterns to avoid and those that help the most. Parents and children will learn in separate groups the skills to build strengths, master weakness and embrace life with confidence and skills as both a parent and a child or teen.

**WHEN:** Every 1st & 3rd Wednesday of the month from 6:00-7:30 pm.

***Foster Parents Support Group***

A free, on-going program for foster parents.

**WHEN:** Meets every 1st Wednesday of the month from 6:00-7:30 pm.

***Relative Caregivers Support Group***

A free, on-going program offered for relative caregivers to come together to share their experiences with on another while providing support and encouragement as they face rewards and challenges of raising relatives.

**WHEN:** Meets every 3rd Tuesday of the month from 6:00-7:00 pm.

***Dad's Support Group***

Join us every 4th Tuesday of every month from 6-7:30 pm for topics that include: What are your goals as a father, What is your role now and would you like to change it, How has having a child affected other relationships in your life, How can you be a positive role model, Building stronger relationships, and Coping with stress.

**WHEN:** 4th Tuesday of every month from 6-7:30 pm

***Playgroup***

A free on-going group for parents, grandparents, primary caregivers and children. Meet new parents and have fun

while supporting each other.

**WHEN:** Meets every Tuesday AND/OR Wednesday from 9:30-11:00 am.

**IndependenceFirst**  
[www.independencefirst.org](http://www.independencefirst.org)

### ***My Brother's Keeper***

Join a FREE peer group for young men with disabilities ages 11-21. This group is all about YOU! It's a social group. It's real people talking about real issues in a nonjudgmental, fun, and supportive environment.

**When:** Tuesdays, October 6<sup>th</sup> through November 24<sup>th</sup>, 2015; 4-6 pm.

**Where:** IndependenceFirst, 540 S. 1<sup>st</sup> Street, Milwaukee, WI

**For Information:** Grant Heffelfinger, 414-226-8367 V/TTY or [gheffelfinger@independencefirst.org](mailto:gheffelfinger@independencefirst.org)

### ***Jot It Down: Peer Power***

Peer support through creative writing and social inclusion. For high school students with disabilities. This group will meet at various community locations.

**When:** 3<sup>rd</sup> Friday of the month – November 20<sup>th</sup> and December 18<sup>th</sup>; 5-7 pm

2<sup>nd</sup> Friday of the month in 2016 – January 8<sup>th</sup>, February 12<sup>th</sup>, March 11<sup>th</sup>, April 8<sup>th</sup>, May 13<sup>th</sup>, June 10<sup>th</sup>, July 8<sup>th</sup>

**To Register:** Call Harvey Ross at 414-226-8127 or [hross@independencefirst.org](mailto:hross@independencefirst.org)

## **CONFERENCES**

### ***SAVE THE DATE: Circles of Life Conference***

April 21<sup>st</sup> – 22<sup>nd</sup>, 2016

Country Spring Resort and Hotel, Pewaukee, WI

## **WEBSITES, Online RESOURCES AND ORGANIZATIONS**

### **Wisconsin Department of Public Instruction**

<http://www.dpi.state.wi.us/>

### **NEW!!! DPI Students & Families Webpage**

Families and community members play an important role in helping students succeed. The pages in this area of the website are designed with families, students, and community members in mind. Here you can learn about the exciting things happening in Wisconsin schools as well as information about how our system of public education works.

<http://dpi.wi.gov/families-students>

### **Wisconsin Career Pathways**

Search for Careers by Industry or Interest at: <http://www.mynextmove.org/>

### **Wisconsin School for the Deaf and Hard of Hearing**

[www.wsd.k12.wi.us](http://www.wsd.k12.wi.us)

### **Wisconsin Center for the Blind & Visually Impaired**

[www.wcbvi.k12.wi.us](http://www.wcbvi.k12.wi.us)

### **Center for Parent Information & Resources**

Featured Resource – Community-Building Toolkit: <http://www.parentcenterhub.org/>  
Mental Health Resources: <http://www.parentcenterhub.org/repository/mentalhealth/#quick>

### **Early Childhood**

Parent Training Modules from the Center on Social and Emotional Foundations for Early Learning at:

[http://csefel.vanderbilt.edu/resources/training\\_parent.html](http://csefel.vanderbilt.edu/resources/training_parent.html)

These modules include: (1) Making Connection! (2) Making it Happen! (3) Why do Children Do What They Do? (4) Teach Me What To Do! (5) Facing the Challenge (Part 1) (6) Facing the Challenge (Part 2), a Family Workbook, and a Facilitators Guide.

### **PACER Center**

Many programs, resources, and information: <http://www.pacer.org/>

#### ***PACER Offers Spanish Edition of PACER.org to Serve the Latino Community***

PACER Center has a Spanish-language website for parents of children with disabilities. PACER Center features an original [five-part video series](#) called "Entendiendo Conductas Desafiantes" ("Understanding Challenging Behaviors") along with a listing of 50 Spanish-language websites that serve as a portal to other resources for the Latino community. The website includes all PACER resources that have been translated into Spanish, including handouts for download, and books and other publications that may be ordered.

### **The CADRE Caucus**

<http://www.directionservice.org/cadre>

#### ***News from the Center for Appropriate Dispute Resolution in Special Education (CADRE)***

The Caucus periodically updates you on new features and resources found at the CADRE website and in the world of special education conflict resolution.

**Working Together: Building Improved Communication:** Included are short videos, a study guide and related resources on Listening Skills, Understanding Positions & Interests, and a module titled, The Tale of Two Conversations, which was developed in collaboration with the Office for Dispute Resolution in Pennsylvania.

<http://www.directionservice.org/cadre/modulemap.cfm>

**Effective IEPs, Tested Tips:** This brief document offers suggestions for convening successful IEP meetings. It includes preparation tips for parents and educators : <http://www.directionservice.org/cadre/testedtips.cfm>

**Steps to Success, Communicating with your Child's School:** This brief publication offers specific communication skills that may be helpful to parents as they develop and maintain partnerships with their child's school:

<http://www.directionservice.org/cadre/success.cfm>

**Educating Our Children Together:** This brochure offers specific communication skills that may be helpful to parents as they develop and maintain partnerships with their child's school:

[http://www.directionservice.org/cadre/EducatingOurChildren\\_01.cfm](http://www.directionservice.org/cadre/EducatingOurChildren_01.cfm)

### **College Funding for Students with Disabilities**

<http://www.washington.edu/doit/college-funding-students-disabilities>

Attending college can be an exciting and enriching experience. It can also be a costly one. In addition to tuition, fees, books, and supplies, other expenses to think about include room and board, health insurance, transportation, and spending money. A combination of financial aid and other outside funding resources can help you meet college costs.

Common forms of financial aid include grants, loans, work-study, and scholarships. Some are available specifically to students with disabilities. Many students use a combination of these financial aid resources. It is important to remember that financial aid results in a partnership of the student, parents, postsecondary educational institutions, state and federal governments, and/or private organizations. Such a partnership requires cooperation, communication, and an understanding by each of their responsibilities within the financial aid process.

The financial aid office at the school you plan to attend is a good place to begin your search for financial aid information. An administrator there can tell you about student aid available from your state, the school itself, and other sources.

A current listing of resources, helpful websites and local organization information is available on the CESA #1 Family Engagement website: [http://www.cesa1.k12.wi.us/programs/program\\_resources.cfm](http://www.cesa1.k12.wi.us/programs/program_resources.cfm)

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*any program for your child, parents are encouraged to thoroughly check out references when enrolling their child in any program. Any information contained in this newsletter is not intended as legal advice but only for informational purposes. Submissions from parents and professionals are welcomed. Questions regarding any information in this newsletter can be directed to: Cheri Sylla, CESA #1 WSPEI  
Family Engagement Coordinator  
262-787-9500 ext. 9565 or csylla@cesa1.k12.wi.us*