

## Co-ed Volleyball General Rules and Guidelines Please Read

### I. Team Line Up

- A. A team shall consist of no more than six (6) and no less than four (4) players. Each team will be allowed to rotate in or substitute remaining players (rotate into the serve). Three men and three women shall be placed in alternate positions on the floor. A team may play with a minimum of four (4) players (two (2) must be women). Teams playing with five (5) players will be allowed to play with three (3) men and two (2) women but must get approval from opposing team.
- B. Players may play on more than one team as long as they are on those specific rosters.
  - a. If you are in tournament play and the two teams meet, the player must choose a team to play on and must stick with that team (win or lose).

### II. Game Play

- A. Play shall begin with the sound of the official's whistle.
- B. The ball must be served from behind the designated back line. A foot may touch the line, but cannot cross over the line.
- C. The serve can take place anywhere on the back line.
- D. A LET SERVE IS PLAYABLE. A LET SERVE IS WHEN THE SERVE HITS THE NET AND GOES OVER TO THE OPPONENTS SIDE.
- E. Both underhand and overhand serves are permitted.
- F. A served ball may not be blocked or attacked in any manner.
- G. One-handed saves are permitted, except those considered "slaps". Hand must be closed.
- H. Ceiling/light rule – The ball will remain "live" as long as it stays within your team's side of the net. Otherwise, ball is dead. Appropriate point awarded.
- I. A returned ball may not be "lifted". Bumps/closed hands are required on ball's waist high and below.
- J. Players may set the serve, but it has to be legit. It cannot be a two handed pass.
- K. Ball can touch any part of the body. Kicking the ball is not permitted.
- L. A series of two or more contacts must involve a female player.
- M. A male can hit the ball over in one hit from the serve.
- N. A back row male player may come up to the front and block when there is only one other male in the front row. The back row male player is not allowed to attack a ball above the net from in front of the ten-foot line.
- O. If your team has a question regarding a play or the score, only the captain may talk to the official about their ruling or clarification.
- P. WIAA rules shall govern all games, except as otherwise specified by the rules herein listed.
- Q. **When no decision can be made on a call, replay it!**

### III. Scoring

- A. Rally scoring will be used for all three (3) games. The official game is completed when one team scores a total of 25 points before the other team. The winning team must win by two (2) points. Cap of 27 points per game.
- B. The third match will end early if it is close to the start time for the next game.

#### IV. Player Conduct

- A. It is the responsibility of the manager to control the actions of his players at all times. Managers, coaches, players and fans are responsible for their conduct from the time they reach the facility until the time they leave.
- B. Any player, manager, coach, team scorer, or fan that strikes, or in any way lays a hand on or threatens a referee, supervisor, scorekeeper, or player will be suspended from participating in all league activities for up to ONE year. The Recreation Department reserves the right to issue a longer suspension if so determined.
- C. There will be no swearing or foul language used to embarrass the officials, fans, other players or any person associated with play area. Foul language/swearing directed towards officials will not be tolerated. Each team will be warned. After that the person/persons/team involved will be immediately ejected from the game and requested to leave the facility.

#### V. Building Rules

- A. Smoking and alcoholic beverages are strictly prohibited on school premises.
- B. **Masks must be worn into and out of the building.**
  - a. **Once a game has started, players may wear their mask if they would like.**
  - b. **If a player is sitting on the sideline, they will need to wear a mask.**

#### VI. Game Dates and Times

- A. A season will be based on the number of teams in the league. We will take up to six (6) teams in each league. Games will be played at 6:30pm, 7:30pm and 8:30pm on a rotated basis. These times may change due to the number of teams.
- B. A complete schedule will be sent to the team manager, who must in turn contact his team. Visit our website for a schedule **www.tosarec.com**

#### VII. Awards

- A. Team awards will be provided for 1st place teams.

#### VIII. Inclement Weather

- A. Should the weather be questionable, teams may e-mail Steve at [birneyst@wauwatosa.k12.wi.us](mailto:birneyst@wauwatosa.k12.wi.us) OR call at (414) 773-2911 between 8am – 5pm.
- B. When the Wauwatosa School District cancels classes and/or extra-curricular activities, all Recreation Department activities are also canceled. Visit our website ([www.tosarec.com](http://www.tosarec.com)), Wauwatosa School District's website ([www.wauwatosaschools.org](http://www.wauwatosaschools.org)) and TV stations for cancellation information.

#### IX. Misc.

- A. The teams that play during the last game are asked to return the equipment to the storage closet neatly.
- B. Please return the tables to their designated spot in the cafeteria (match the table number/letter to the one on the wall).
- C. Canceled games will be rescheduled if there is a facility available.

**\*Visit our website**



**www.tosarec.com**