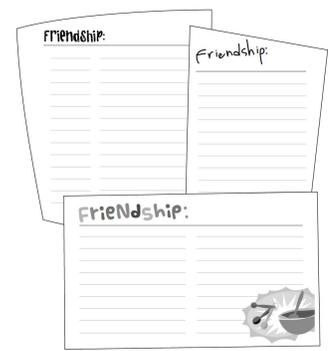


Our focal point for this week:

Social Awareness & Relationships Skills

Day 9 Lesson: Friendships

1. A big part of being socially aware and developing relationships is being aware of what traits and characteristics we appreciate and look for in others and being able to take the perspective of others, understand and respect their values and beliefs (even if they are different than my own).
2. Kind of like cooking, there are lots of great recipes out there and many ways to make the same type of meal or food. Today we are going to look at the recipe for friendship.
3. [Friendship Soup](#) (3 minute Video)
4. We all have different values and things we look at in a friend, but let's talk about some of the common things that we all can agree make a great friend. (Discuss as class and come up with traits of a great friend)
5. Teacher choice - either assign as follow up work, give time at end of Morning Meeting, asych work - your choice, have students write their own recipe for Friendship Soup. Older students can think about what they look for in different settings if they want. (Copies in your mailbox)



Day 10 Lesson: Recognizing Bullying

1. Yesterday we talked about how being socially aware and developing friendships and relationships means we have to be aware of others' perspectives and be able to empathize, understand, and respect their values and beliefs (even if they are different from my own). Sometimes this can be really hard when you have different opinions or beliefs than someone. Our goal today is to learn about what some of the unkind behaviors that take place are when we disagree with someone so we can try to prevent it from happening.
2. October is Bullying Prevention Month so throughout this month we are going to discuss what bullying is and learn about how we can prevent it and stand up to it if we see it occurring.
3. [What is bullying?](#) Bullying is mean or hurtful behavior that keeps happening. (1 minute video defining bullying)
4. CH & LE - Ms. Cohen will read (in her next session in your classroom) the picture book, *Jungle Bullies* and build on this topic of what is bullying through application of skills via the characters in this story.
5. UE & AP - Captain Compassion Comic (in mailbox, copy for each student) . Read either indpt. Or as class and discuss recognizing bullying (cyberbullying in this case).

